

INFOPACK

ACTION-REACTION – when it counts! | 2022-1-IT03-KA152-YOU-000054906

Dates | 11 – 18 April mobility (excluding travel days)

Arrival day | 10 April 2023

Departure day | 19 April 2023

Venue | Rovinaglia (PR)

Group | 5 participants and 1 group leader for each partner

ABOUT THE PROJECT

Action-Reaction is a Youth Exchange involving 32 young people 18 to 30 years old from 5 countries (Italy, Bulgaria, Greece, Poland, Slovakia) which will take place in April 2023 in Italy.

The project is conceived with the intention of bringing the theme of sustainability into youth work. The topic of “sustainability” is explored from different aspects, not only economic and environmental but also on learning outcomes and how we can create systemic changes that contribute to changing habits and have a long-term impact.

The objectives of the project are:

1. Raise awareness among young people on the issue of sustainability;
2. Provide young people with innovative methods and tools on the subject of sustainability, supporting them in reacting in an innovative way to environmental and social problems and transferring them into their daily life;
3. Exchange the basic concepts of learning process design (non-formal education, Kolb cycle, NAOMIE) and apply them in practice;
4. Provide space to discuss specifics of work with groups with fewer opportunities and propose innovative ideas that support working with these groups effectively;
5. Provide space for young people to design non-formal learning activities on given topics, deliver them in a safe environment and get feedback on their work.

ELEMENTS OF ACTIVITY

The venue of the exchange will be in Rovinaglia village in the municipality of Borgo Val di Taro viewable at the following link <http://www.comune.borgo-val-di-taro.pr.it>.

Participants will be hosted at the parish house in the village of Rovinaglia within green and wooded area around that contribute to creating a relaxed and familiar atmosphere useful for the team building and the focus on the activities.

Pay attention:

In the accommodation there is no WI-FI connection, the normal mobile network takes with a good signal around the structure. So, in the area, both phone and internet connection might not be working properly. We would like to offer it as a chance to explore communication by taking a break from digital devices.

The accommodation is an oratory used by Scouts, pilgrims, travelers, and young people from various countries of the world. It is a rustic and certainly dated structure but with everything you need to better enjoy the project.

The atmosphere created here is magical, the spaces are adequate, and the value of the project will be brought by the group.

If the weather permits, we will also experience the local area and its environmental beauties in the best possible way.

Meals are served in the accommodation, and cooked locally with mostly km-0 ingredients, in cooperation with local producers. The cuisine is based on the ethical and enhancing choice of the Italian and Mediterranean heritage that we have in the peninsula.

The main language used during the project will be English.

No specific level of English is required but as we will work in an international environment the group leaders from each participating country must be able to communicate and express themselves fluently in English.

HOST ORGANIZATION

Maek APS was born in Italy to carry out activities of promotion and social utility, as well as international cooperation activities in Europe, mainly using non-formal education as a learning methodology. We are inspired by the principles of solidarity, democracy, and responsibility. We are an Italian private law body, non-political and non-profit, which in carrying out its activities conforms to the legislation provided for by the current Civil Code, the rules of the Consolidated Law on Income Taxes, the rules of the statute and the principles of democracy. internal structure, electivity, and gratuity of associative positions. We actively participate in the collaboration and implementation of human rights activities with other associative entities on national and international soil.

Maek APS aims to promote synergies, cooperation and the centrality of the person and encourage the development of the specific skills of everyone, eliminating the causes of marginalization and injustice. The main activities carried out are related to the E + program and the ESC program. The target group is mainly composed of young people (18-30 years old) who can access the opportunities for personal, training and work growth offered by the international programs. The geographical area of reference for the activities we carry out in Italy is Lunigiana.

INTERNATIONAL PARTNER INVOLVED

1. Maek APS (E10020892) | Italy – francesco.cavicchioli93@gmail.com
2. Adel Slovakia (E10015938) | Slovakia – info@adelslovakia.org
3. Smokinya Foundation (E10040561) | Bulgaria – info@smokinya.com
4. Stowarzyszenie Proaktywne (E10014922) | Poland – proaktywne@gmail.com
5. Roes Cooperativa (E10005274) | Greece – roes.cooperativa@gmail.com

WHAT TO BRING WITH YOU?

For this project, we kindly ask you to prepare in advance these 3 events:

1. The presentation of your organization. We ask you to bring clear information about the main activities of your organization, what is the target group and what is your role within the organization.
2. The cultural evening. Each participating national group organizes its own cultural evening, some elements of culture and traditions are presented. Everyone develops it at his own pleasure, but you cannot use PowerPoint and / or the projector and / or any other digital medium for the cultural evening.
In this project we enhance creativity without the use of digital components.
3. International coffee. This event is a special moment of the project, we discover each country through some gastronomic specialties. You are free to do what you want. You can cook or bring some traditional delights. If you decide to cook, please notify us in advance so that we can provide you with the necessary tools and materials.

You also need to bring:

1. Personal bottle because no disposable plastic and / or paper are used during the sessions
2. Personal hygienic kit and towel set because they are not present in the structure
3. **Sleeping bag** for convenience since in the structure there are the mattress cover and the pillow cover but **there are no sheets**.
4. Hiking clothing suitable for moving in the forest
5. Medicine e/o additional components that you usually take
6. Your artistic skills and any talent that you can share with us, which you will need during creativity workshops

HOW TO REACH ROVINAGLIA?

The best airport to consider arriving in Italy for this project is Milan-Bergamo “Orio Al Serio” airport, Milan “Malpensa” airport, Bologna “Guglielmo Marconi” airport and finally Pisa “Galileo-Galilei” airport.

To easily reach the town of Rovinaglia you must take the train from the Central Station of Milan, Bologna or Pisa (depending on the airport of arrival) with a journey of about 2-4 hours

(depending on the departure station) and arrive at the station **Borgo Val Di Taro** railway station. From this station we will be there to pick you up and take you directly to the project accommodation.

At this link <https://www.trenitalia.com> you can view the Trenitalia website for any need and to better organize your trip.

Through the Facebook group from this link:

<https://www.facebook.com/groups/511177177596024> you will receive more logistical and organizational information about the project.

COVID-19 RESPONSE

Our intention is that the project is implemented and lived with maximum safety. It is your responsibility to inform yourself and / or explicitly ask the project partner what the current regulations in force in Italy are during the project.

In any case, make sure you comply with all the regulations in force at the time of travel.

You can check more information via this official link: <https://www.viaggiare Sicuri.it/home> and / or check periodically on the website of your state Embassy in Italy.

Specific situations and / or problems encountered during your stay in Italy are not financially supported by the project partner. Before returning to your country, it is your responsibility to check the current government regulations anti-covid-19.

BUDGET

Pay attention:

There is no participation fee.

Food, accommodation, and local travel costs (only during the activity program) will be covered by the grant from the Italian National Agency of Erasmus+.

REIMBURSEMENT

According to the rules of the Italian National Agency, travel refunds can only be made by bank transfer to the sending Partner and based on the real costs incurred by each participant.

The transfer, after verifying the correctness and the amounts spent, will be made:

1. after having received all the **electronic tickets (preferably)** and / or by post all the original documents (receipts, invoices, original boarding passes in pdf format downloadable from the airline's website);
2. after having filled in the form generated by the National Evaluation Agency online through the Mobility Tool - Beneficiary Form specific for group leaders;
3. after producing educational material and sharing the results of the project in your local community.

To be eligible for a refund, we ask that you keep all your original tickets, boarding passes and invoices in pdf format downloaded from the airline's website.

Pay attention

ONLY if you have travel tickets, original boarding passes and invoices (downloadable from the airline's website in the original format PDF), we can reimburse your travel cost! We clearly prefer electronic tickets!

The reimbursement is done usually approx. 2 months after the mobility once you send us the originals of the tickets and took part in all the phases of the project.

PARTICIPANT SPECIFIC TRAVEL REFUND

Pay attention:

The total budget for the trip of each participant in the 500-1999km range is 320 euros if it is carried out according to the GREEN TRAVEL regime and 275 euros if it is carried out according to the STANDARD TRAVEL regime.

The green travel with the means of transport accepted by the new procedure of the Erasmus+ Program is visible in the official guide under the heading "Budget category".

Italy.....	210,00€
Poland.....	320,00€
Greece.....	320,00€
Bulgaria.....	320,00€
Slovakia.....	320,00€

RULES FOR REIMBURSEMENT

Only economy class means of transport and possibly without intermediate stops, is accepted. Before buying anything send your travel plan to francesco.cavicchioli93@gmail.com for confirmation.

Only uninterrupted travel expenses incurred within the start and end dates of the activity can be accepted for reimbursement with the clause of being able to take advantage of two extra days eligible for reimbursement.

The participant can decide to arrive 2 days before the start of the mobility or to stay two days longer and be entitled to a refund of the travel.

Pay attention:

All costs, within these 2 extra days, relating to food and accommodation are borne by the participant. The costs of tourist transfers and / or particular travel stops cannot be covered by the project budget and are borne by the participant.

EMERGENCY CONTACTS

112 is the single emergency number identified by Europe to ensure the necessary intervention. Calls to the single emergency number 112 flow into a single reference center in which all emergency calls are channeled that are made to request the intervention of the State Police, Carabinieri, Fire Brigade or Health Rescue. If you call 112 and you are in one of the provinces where the single emergency number is active, then a specialized operator will answer you who, based on your request, will call in the authority that deems most appropriate.

112 is therefore the reference number for every emergency. The intervention of not only the carabinieri, but also of all other emergency numbers (113, 115, 118) may be required.

CONTACT DETAILS

For each request I doubt and / or specific clarification, we invite you to send a message to the coordinator of Maek APS:

francesco.cavicchioli93@gmail.com

Looking forward to meeting you soon!
Maek APS Team