

Wheeling2Volunteer

Vol.2

Long Term ESC in Raches, Greece
5 months --> 01/05 - 30/09



**Become part of the
Wheeling2help team
During 5 summer months
at NISI Raches, a beautiful
Glamping Site by the sea.**



Support volunteering in administration, sports, environmental and educational activities for the community of Raches village.

WHO ARE WE & WHAT WE DO



Wheeling2help is a non-for-profit organization situated in Raches, Greece. It is an initiative with the aim of inspiring and initiate young people to volunteer through social actions in Greece and abroad. The main areas that we work are environment, sports, education and social entrepreneurship.

The mission of our organization is to empower people and educate them to take actions towards a social and solidarity economy, both in local and global level.

We aim to enhance collaboration, equality, empathy, positive energy and kindness between all the human beings so that we can all live in agreement with nature.

OUR PROJECTS

MYQUEST VOLUNTEERING TRIPS

We organize short term volunteering workcamps, called "MyQuest", in Africa and Asia, working together with communities in social projects regarding education, empowerment and conservation.

EVENTS & ACTIVITIES IN GREECE

We organize many events and activities in Greece taking action in areas related to volunteering, environment, cultural exchange, health, etc. We also provide educational programs for school students.

ERASMUS+

We develop trainings, workshops, seminars open to everyone in line with our aims. We participate in Erasmus+ and other programmes: ESC, Youth Exchanges, Training courses etc .



The project is taking place in Raches, Central Greece.

Raches is a small fishing village by the sea which in summer turns into a local tourist attraction!

The area has great history as it is considered the birth place of Achilles and has played a major role in the ancient history of Greece.

It is definitely a must to visit the Thermal springs in Thermopylae, where Leonidas and the 300 battled in the past, the beautiful village of Pavliani with creative street art that you haven't seen in any other place, and last but not least the majestic La Tour Melas winery, only 10 min from NISI!

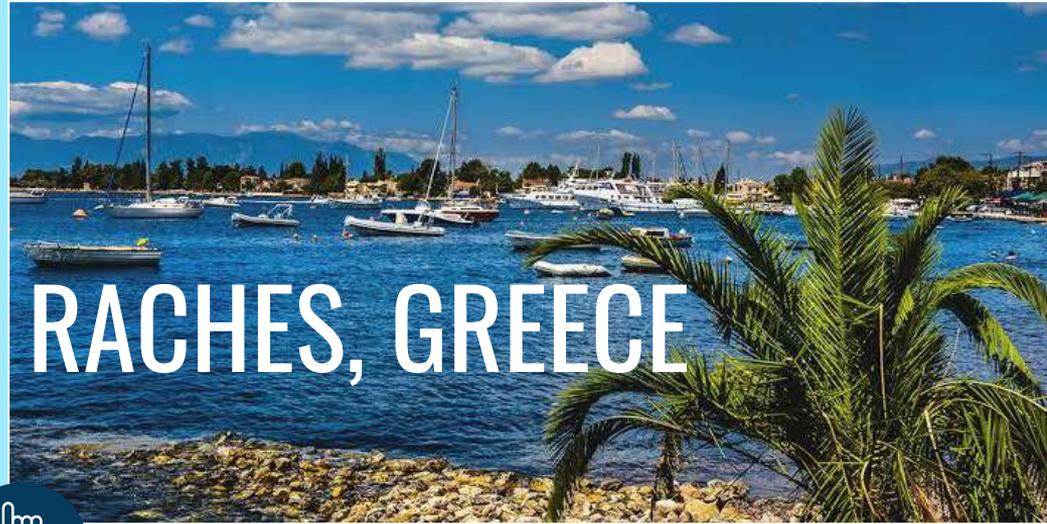
The combination of sea and mountain, makes Raches an ideal place for people who love sports. Hiking, cycling, kayaking, swimming, sailing, beach volleyball and kite surfing are only few of the things to do and during summer season many national competitions take place with participants joining from all over Greece.

Greece is famous for its beautiful beaches.

Raches is along Central Greece's coastline and the beaches in the village are average. In the surrounding villages you can find better ones though, and very close to Raches there are the exotic Lichadonisia!

Lichadonisia is a group of 7 islands few minutes away from Raches where we will definitely go by kayak as team building activity.. get ready!

We will also help you explore different places at your days off like Meteora, Pelion, Delphoi, Creta and other beautiful Greek islands!



RACHES, GREECE



Raches has hot summers (28 - 38oC) and not so cold winters.

Springs and Autumns are just great to go out with a hoodie or a light jacket. Sunglasses and sun cream is a must for your Erasmus+ program!

In Raches you will also find numerous cafes, bars and restaurants that offer outdoor sitting since the weather is almost always ok to sit outside. There is also super market within 5 min walking distance. Places close relatively late compared to other European countries.

Raches can be easily reached by bus or train (Stilida is the closest train station) and in summer there are buses passing very often. It is located in the middle of Athens and Thessaloniki, 2.5 hours away from each city. Both Athens and Thessaloniki has international airport which you can use to come to Greece.

PROJECT ACTIVITIES



Organisational Support

Environmental Activities

Outdoor & Sports Events

Educational Activities

Personal project



ORGANISATIONAL SUPPORT

You will be supporting the everyday management of the organisation to improve organisational management skills and to learn the basic principles of organisational development.



INDICATIVE TASKS

- Outbound projects coordination
- Inbound project coordination
- PR on social media and media channels
- Graphics and Video material creation and editing
- Development, maintenance and promotion of the Wheeling2help website
- Erasmus+ Project writing (after appropriate training) Photography & Video documentation
- Maintenance of the office and equipment of the organization



WHAT'S IN IT FOR ME ?

In this way, you will be offered the chance to get practical experience that will allow you to develop skills useful for your further employability.

ENVIRONMENTAL ACTIVITIES

Support of the environmental activities that Wheeling2help organizes.



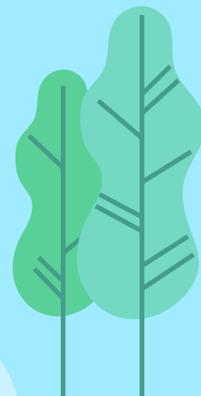
INDICATIVE TASKS

- Taking care of our vegetable garden.
- Maintain a compost and food waste management system.
- Operate our Plastic House recycling and upcycling station.
- Participate and promote the beach clean up activities of Wheeling2help.
- Participate in tree planting activities.
- Assist us in environmental awareness activities in the region.
- Participate in environmental education programs for kids.



WHAT'S IN IT FOR ME ?

In this way, you will have the chance to get acquainted with the concept and our initiatives to protect the environment and experience it in action.



OUTDOOR & SPORTS EVENTS



We consider outdoor and sports as a key factor for human wellbeing.
We need support in the activities we organize with Wheeling2help locally.



INDICATIVE TASKS

- Promoting healthy lifestyle to the locals and advertising our activities.
- Participate in our activities of hiking, cycling, running, swimming and kayaking.
- Assist in sport activities offered in regional clubs such as kite surfing, sailing, etc.
- Maintenance of the sports equipment of the organization.
- Participate and assist in big sport events that Wheeling2help organizes.



WHAT'S IN IT FOR ME ?

Being part of Outdoor & Sports Team will let you experience and enjoy the beauty of sports and nature. It is a beautiful environment to try new things and learn how to organize outdoor sport tours for a small group of people.



EDUCATIONAL ACTIVITIES

We truly believe that we can change the world, but we also believe that the change will come from the young generation and the kids. Many of our activities focus on kids and we will need your support in this sector.



INDICATIVE TASKS

- Participate in animation activities and creative games that we host.
- Help with activities that take place during Kids Summer Camp at NISI.
- Participate in educational activities from W2H at school kids.
- Create educational content through non formal education activities.



WHAT'S IN IT FOR ME ?

Dealing with kids it is always a challenge, but it keeps you alive and transfers you the greatest energy ever! You will develop skills like creativity, organization, planning, flexibility, love, compassion, etc.

PERSONAL PROJECT

During the **AMAZING** period of your service, you will be given the space to create your own project. We are going to provide you with materials and intellectual support in order to enable you to create and implement any personal project that interests you, upon the one certain condition that this project is in line with the vision of Wheeling2help and corresponds to the financial capacity of our organization..

- Here, you are the creator of your own project as well as your own experience with it.
The size of your project doesn't really matter!
- It can be either a small local event or a future project, till developing your own social activity or spinning off Wheeling2help itself back to your home country.

Sky is the limit for that!



WHAT'S IN IT FOR ME ?

You get a first-hand experience of the whole process of creating a whole project yourself. Coming up with an idea, vision & mission, finding resources & team and executing the venture itself. Developing your own project can be a great way to celebrate the ending of your Erasmus+ experience or the beginning of something new!



WORKING ATTITUDE

By being part of this project we instantly consider you as part of the Wheeling2help team. This means that we expect from you a professional attitude, we endorse creativity, we welcome mistakes as learning experiences and we love initiation and accountability. Our team consists of a dynamic formation of volunteers.

The working atmosphere is very pleasant as we are most of the time outdoors in nature with people enjoying their holidays/free time.

The timetable is flexible (up to 36 working hours per week), and because of the multitasking you should consider the priorities.



Wheeling2help is based at NISI, a beautiful Glamping site in Raches, Central Greece. Working hours differ according to the schedule and the activities planned. The same counts for the working spaces.

Expect to work from the co-working space of NISI, from the Wheeling2help office, from home and from the spaces of the stakeholders (schools, municipal buildings, co-working spaces).

There might be cases that there are volunteer trips outside Raches for the purposes of a project or a special event. In addition, bear in mind that during your stay, there are busy periods and less busy periods, so you must always be flexible in case we ask you to accumulate days off and use them in less busy periods.

You are creating your weekly schedule and personal learning plan according to the needs of the organization and your own projects in cooperation with the programme manager.

PARTICIPANT'S PROFILE

If you are “Wheeling2help” it means that you are willing to challenge and change yourself first.

The project is open for young happy, positive and flexible people:

- Aged 18 - 30 years old
- Coming from EU countries.
- facing any kind of troubles in life (long-term unemployed, facing financial or social obstacles, LGBTQIA)
- Interested in living the experience of spending the summer season in a beautiful campsite by the sea.
- Highly motivated to explore the lifestyle of a social changemaker (being an initiator, being flexible with working hours and working places, being open-minded, being flexible in general).
- Ready to work in an international environment with cultural differences and unavoidable cultural misunderstandings.
- Willing to work in close with the other international volunteers and get to experience a bit of all the areas that W2H is working on.
- Ready to create their own personal Erasmus+ project that will allow them to make the change in their lives by following their heart.

“Be the change that you wish to see in the world.”— Mahatma Gandhi



PRACTICAL INFORMATION

ACCOMMODATION



[Click here to see where you will stay](#)

During your ESC project, your accommodation is fully covered by the program costs. Wheeling2help base is at NISI Glamping, where all the volunteers stay, at “Amani hostel”!

“Amani hostel” is the volunteers nest which can accommodate 7 volunteers in total! There are 3 single rooms and 2 rooms that have 2 bunk beds. Every room has a desk, wardrobe, bedding, towels and others.

There are common toilets and showers, as well as a common kitchen fully equipped with all the basic necessities of a household: Furniture, electric devices (kitchen, laundry machine, fridge, oven, microwave, TV, sound system), Kitchen utensils (cutlery, pans, pots etc). The whole campsite is equipped with WIFI.

Basically, you only need to bring your clothes and your personal digital devices (computer / tablet / camera)!

PRACTICAL INFORMATION

TRANSPORTATION



Raches is a small sea-side village where the longest distance is less than 3km, so you do not really need transportation.

If you like cycling though, you are more than welcome to use our Wheeling2help bicycles 😊

Of course, in case of a business trip for the purposes of the project, all your costs will be covered by the organization.



INSURANCE

European Health Insurance Card (EHIC) is provided to you for the whole duration of the project added 2 months after the service. This insurance covers all the medical costs planned or occurred during the service.

PRACTICAL INFORMATION

FINANCES



Pocket Money

You are going to receive 150€/month for your personal expenses.

Travel Costs

Travel costs from and to Athens will be reimbursed and calculated using the official distance calculator from Erasmus+ website.

Food

You are going to enjoy free delicious vegetarian lunch meals at NISI's restaurant and get food allowance for breakfast and dinner.

PRACTICAL INFORMATION

CERTIFICATES



After successfully fulfilling the ESC project you are going to receive the Youthpass, the official recognition tool for non-formal & informal learning in youth projects. It is a self-assessment certificate that is well recognised European wide.

Internal certificate of Wheeling2help indicating: hours of service, type of support that the volunteer offered to the organization and to local partner organizations, set of skills they acquired, with a personal recommendation note from the Founder of Wheeling2help. This certificate can also be used as a letter of recommendation for future employment reasons.

Language course

You have the choice to study one foreign language using the Online Linguistic Support. You will be enrolled in the system by your mentor.

ARE YOU READY ?

APPLY

CLICK HERE





SEE YOU IN RACHES!

Do you have any questions?

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Wheeling2Help



www.wheeling2help.com

