

*Erasmus+ Programme – Key Action 1 – ERASMUS+*

## Get ACTIVE - Forum Theatre for Gender Equality

Youth Exchange for young people who are actively supporting gender equality

### Call for participants

(4 participants + 1 group leader per partner organisation)

18-28. November 2016 (Fri – Mon)

#### Project:

##### “Get ACTIVE!”

Are you active in the field of gender equality or interested in it?! Perfect! We would like to invite you to join this special project.

**With this youth exchange we want to motivate, prepare and support young people for a commitment to support gender equality and give the opportunity for a first exchange of experiences.**

Today our society is going through significant changes, however, youth is often lacking a safe forum to discuss personal experiences in a constructive manner. Theatre of the Oppressed (or Forum Theatre) is an efficient method to address any social issues and to enable the people to find solution strategies together in order to cope with the challenges they might face both on a societal and an individual level.

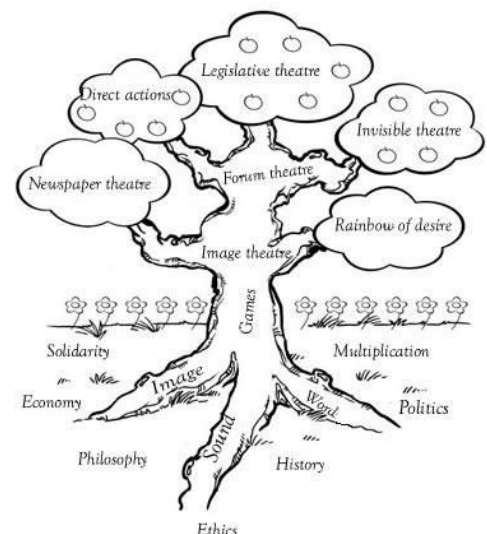
Theatre of the Oppressed offers a unique possibility not only to map difficulties and initiate a discourse, but also to act out situations and to personally experience them, thus gaining a better understanding of one’s own reactions and inhibitions, as well as to discover possible solutions linked to the common social problem. If you want to learn more check this Wikipedia link.

[https://en.wikipedia.org/wiki/Theatre\\_of\\_the\\_Oppressed](https://en.wikipedia.org/wiki/Theatre_of_the_Oppressed)

Gender issues represent a challenge that is present in on everyone’s life, however, they are barely tackled by youth communities. We invite you to change this together, let’s raise awareness on gender equality.



**Tree of the Theatre of the Oppressed**



### Objectives:

- raising awareness of gender issues
- learning about the method of Theatre of the Oppressed
- sharing personal experiences, initiating an international discourse
- writing a new play on gender issues based on the participants' own experiences and input
- empowering participants with the necessary know-how and encouraging them to start their
- give tools to start own forum theatre groups in their communities
- building a network of forum theatre groups

### Methods:

- leading the participants through the processes of group formation and building a play
- basic drama exercises, raising body consciousness
- icebreaking, teambuilding, simulations, working groups
- facilitation techniques (role of the Joker)
- complex artistic techniques (e.g. use of music and drawing when writing a play)
- discovering other theatrical methods - Invisible Theatre, Image Theatre, Newspaper Theatre

Participants will not learn just new exercises and techniques, but they will learn as well how to use them.

### Dates:

18-28. November 2016

You should arrive the 18th and depart the 28th of November.

### Location:

Zalamerenye (Zala county, Hungary)

Zalamerenye is a tiny beautiful countryside village in west Hungary nearby lake Balaton. Here you can experience the silence and charm of nature during outside activities and your free time.



### Target group:

We are looking for young people who are actively supporting gender equality from the involved countries: Italy, Spain, Bulgaria, Hungary.

Per partner organisation we invite 4 participants + 1 group leader.

Age limit: 18-30 years – team leaders have no age limit.

### Certificate:

Youth Pass

### Costs:

Food and accommodation will be provided by the host organisation, financed by grant from the Erasmus+ programme. **Selected participants will have to pay a participation fee of 20 euro upon arrival.**

Reimbursement of the travel tickets will be done according to the rules of the Erasmus+ programme based on distance calculation and at receipt of original documents.

Check the reimbursement limit for your country here.

Participating countries	Partner Organization	Reimbursement limit
Bulgaria	Smokinya foundation	170 €
Hungary	Útilapu SCI	20 €
Italy	SCI Italia	170 €
Spain	SCI-Catalunya	170 €

### How to apply:

Fill the application form at the following link and contact the the partner organization from your country:

[https://docs.google.com/forms/d/e/1FAIpQLSeQB1OQUeJj4QdG4-DyzF8Ps\\_-glRnjlbO4GBR3OH-Rb5GrKDw/viewform](https://docs.google.com/forms/d/e/1FAIpQLSeQB1OQUeJj4QdG4-DyzF8Ps_-glRnjlbO4GBR3OH-Rb5GrKDw/viewform)

Application deadline: **30.09.2016**

If you have any questions, feel free to contact us on [nemprivat.szinhas@gmail.com](mailto:nemprivat.szinhas@gmail.com) !

**Thank to you all and (hopefully) see you soon in Hungary!**