

Connection Through Adventure

International exchange
2-8 July 2018 (Excluding travel days)
Nunspeet, the Netherlands

Who is Buitendoor?

Buitendoor organizes outdoor and training programs aimed on improving the atmosphere and cooperation within a group. We do this on order to create a world in which humans and nature can optimally exist and develop. In order to achieve this we have developed our own method of working with youth: Connection through Adventure. Using adventures and experiential education to improve cooperation and facilitate personal development.

Goal of the exchange

Share adventures, share ways of using adventures, experience adventures together. Outdoor adventure, the adventure of mixed cultures and the adventure of being in nature with 40 others.

The goal of this project is to share ways of turning adventures into meaningful lessons in life.

Participants

8 countries participate in this exchange project. Each country will send 5 participants (including 1 group leader) to the program. The Dutch group from Buitendoor will host everyone on our campsite.

Participating countries are: Netherlands (Buitendoor), Poland, Russia, Germany, Bulgaria, Croatia, Latvia and Romania



Program

The program will be created during the APV, but will include some of the following parts: Getting to know each other, outdoor/teambuilding games, storytelling, campfires, cooking together, adventure (race), free time, sharing, cultural moments. Next to these activities we want to offer you morning activity as yoga, sports or whatever you like, every morning before breakfast. This is not obligatory, but if you have cool ideas please bring them with you to the program!

Also there will be coaching and reflection sessions every day. These reflections are in small 'family groups' that will be your family group for the whole week.

Methods

All activities are designed by the following methods:

- Experiential learning
- Workshops
- Discussions and debates
- Personal coaching and reflection sessions

Venue

During the project we will stay in tents at our own campsite 'Kamp Buitendoor' in the small town Nunspeet. This place is surrounded by nature and so a perfect place to get you out of your comfort zone and learn new stuff! On the campsite we have a kitchen, campfire place, warm showers and electricity. We don't have WIFI, so if you need internet, you should arrange it by yourself.

Want to join?

If you feel interested in this project and want to join, find contact with your sending organization.

APV

There is a preparation meeting on 1-2 June 2018 (excluding travel days) in the Netherlands, this meeting is for two participants from every country (group leader + 1 more).



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